

	Cereals Containing Gluten	Celery	Crustaceans	Fish	Eggs	Peanuts	Soya	Milk/Dairy	Nuts	Mustard	Sesame	Lupin	Molluscs	Sulphur Dioxide & Sulphites	Alcohol/Derivatives of Alcohol/Vinegar	Notes
mains																
Fresh Seasonal Fruit Salad								x								milk
Coconut Porridge																
Breakfast Bap	x				x			x						x		wheat, milk
Avocado Toast w/ Smoked Salmon	x				x									x		wheat
Merguez on Flatbread	x				x									x		wheat
Sourdough Toast	x				x			x						x		wheat, milk
Healthy Shakshuka	x				x											wheat
Chorizo Shakshuka	x				x									x		wheat
French Toast	x				x											wheat
Juanitos Eggs Benedict	x				x			x						x		gluten, milk
Huevos Rancheros	x				x			x								wheat, milk
Selection of Daily Pastries	x				x			x								wheat, milk
Sides																

	Cereals Containi ng Gluten	Celery	Crustace ans	Fish	Eggs	Pea nuts	Soya	Milk/ Dairy	Nuts	Must ard	Sesa me	Lupin	Mollu scs	Sulpher Dioxide & Sulphites	Alcohol/Der ivitives of Alcohol/ Vinegar	Notes
Baby Spinach																
avocado																
Streaky Bacon														x		
Smoked Salmon				x												
Merguez Sausage														x		